

Ligero

2024

ST. JOHN's COLLEGE OF PHARMACEUTICAL SCIENCES & RESEARCH
KATTAPPANA

OUR HEAVENLY PATRON



ST. JOHN OF GODD

OUR FOUNDER



BRO . FORTUNATUS THANHAUSER OH
(1918-2005)

Pharmacist's Oath



* I Swear by the code of Ethics of Pharmacy Council of India in relation to the community and shall act as an integral part of health care team.

* I shall uphold the laws and standards governing my profession.

* I shall strive to perfect and enlarge my knowledge to contribute to the advancement of pharmacy and public health.

* I shall follow the system, which I consider best for pharmaceutical care and counseling of patients.

* I shall endeavor to discover and manufacture drugs of quality to alleviate sufferings of humanity.

* I shall hold in confidence the knowledge gained about the patients in connection with professional practice and never divulge unless compelled to do so by the law.

* I shall associate with organizations having their objectives for betterment of the profession of Pharmacy and make contribution to carry out the work of those organizations.

* While I continue to keep this Oath unviolated, may it be granted to me to enjoy life and the practice of pharmacy respected by all. at all times!

* Should I trespass and violate this oath, may the reverse be my lot!

Our Management



Br. Siby kalluvettathu OH
(Associate Director)

Br. Baiju Valuparampil OH
(Director)

Br. Thomas kanjiramoottil OH
(Associate Director)

DIRECTOR MESSAGE



Dear Students,
I am very happy to hear the news about the publication of our pharmacy college magazine,
“LIGERA” which means Light.
“Light” symbolizes clarity of thought and understanding. Just as light illuminates darkness. This magazine contained a treasure of knowledge, insights, and inspiration. Each article offers a glimpse into the remarkable contributions of our students and faculty.
On this special occasion I express my gratitude to all those who have contributed their time, talent, and expertise to bring this publication to fruition. Your efforts serve as a testament to the spirit of excellence that defines our institution.
I wish all the very best

Bro. Baiju Valuparampil OH
Director

CHIEF EDITOR'S MESSAGE



Success comes to those who work hard and stays with those who don't rest on past laurels. St. John's College of Pharmaceutical Sciences & Research started its journey in the year 2016 with the aim of providing Pharmacy Education. Our Institution is an amalgamation of competent teachers, state of the art infrastructure & an experienced and effective management, safe & supportive environment for its students to provide a perfect balance of academics, sports, artistic & social opportunities. Genuine concern of our Institution is to ensure students emotional growth along with intellectual excellence. This empowers them to develop their self esteem, self awareness and self confidence.

This Magazine "Ligera – 2024" should be a good source of guidance for Faculty and coming batches of students in choosing activities of their choice in their future for building their carrier.

Come on, let's give our best and make this Institution a modern centre of learning through our diligence, devotion & dedication.

Wishing you all.

Dr. C.D Shaji Selvin
Principal

STAFF EDITOR'S MESSAGE



As a Staff-Editor for the magazine, "LIGERA", at the outset, I would like to thank our Principal, Dr.Shaji selvin for providing me an opportunity to serve as staff-editor.

I would like to appreciate the Magazine committee and College Union Council members for taking strenuous efforts to bring out this magazine successfully.

Ligera means Light. As the name implies, this magazine would serve as a "BEACON LIGHT", to expose the dormant skills of the students in various aspects like Scientific writing, writing of stories, poems and drawing etc.

The magazine contains photography of every batch of students, tour, arts, and sports events, which could bring nostalgic feelings in future.

Present generation students have semester system of study. So throughout the year, they have to study for Sessional and University examinations.

Amidst this busy schedule, they are able to spare time and energy to conduct arts, sports and magazine release.

So, as a Staff-Editor, I should thank the students whole-heartedly for the tremendous task they have carried out.

R.SANTHAN NEHRU NARKILLI

ASSOCIATE PROF OF DEPARTMENT PHARMACOGNOSY

STAFF EDITOR'S MESSAGE



In a world teeming with diverse voices and boundless creativity, Ligera stands as a beacon of intellectual exploration and artistic expression. As the staff of Ligere, we embark on a journey to curate a tapestry of thoughts, ideas, and narratives that mirror the vibrant tapestry of our college community. Our mission transcends the mere dissemination of information; we strive to cultivate a space where every voice is heard, every perspective honored, and every story celebrated.

Within the pages of Ligera, you will find more than just words on paper. You will encounter a symphony of voices, each contributing to the rich mosaic of human experience. From thought-provoking essays to captivating poetry, from insightful interviews to compelling artwork, Ligera serves as a canvas upon which our collective imagination paints a picture of our shared reality. Through our collaboration and dedication, we aim to foster a culture of creativity, critical thinking, and empathy, inspiring our readers to engage deeply with the world around them.

As stewards of this platform, we embrace the responsibility to spark dialogue, provoke thought, and inspire action. Ligera is not merely a magazine; it is a testament to the power of storytelling, the beauty of diversity, and the strength of community. Together, let us embark on this journey of discovery, as we continue to push the boundaries of knowledge, creativity, and expression. Welcome to Ligera, where words come alive, ideas find wings, and every voice resonates with meaning.

Rana Vahid .A M.
ASSOCIATE PROF OF DEPARTMENT
PHARMACEUTICAL CHEMISTRY

STUDENT EDITOR



I feel great joy and happiness while presenting you the magazine of st.johns college of pharmaceutical science and research kattappana ' LIGERA '. It all started with a single aim of representing the literary talents of the students of sjcpsr apart from the academic to the outside world.

I remember when I first went for a brainstorming session with the committee members and the principal asked me about the ideas for upcoming magazine. And I said we have so many beautiful and innovative ideas to move forward with. And when we actually started putting all our thoughts into action, the task seemed humongous. But the best that we strived for was the ability to push ourself by going beyond the limits and creating something remarkable. And yes, we finally made it.

One of the key features of this magazine is the inclusion of student voice. We believe that the best way to understand diversity is to hear directly from those who experienced it. our students and teachers have shared their personal stories and reflections on how their background and identity shapes their world view. We have included articles, essay, drawings and poetry that highlights different aspects of diversity such as culture, language, ethnicity and moreover healthcare.

We hope that this magazine will encourage all members of our community to engage in the meaningful conversations about diversity and inclusion.

Nakshathra Sreekumar

റോഷി അഗസ്റ്റിൻ
ജലവിഭവ വകുപ്പ് മന്ത്രി
കേരള സർക്കാർ

തിരുവനന്തപുരം

തീയതി 28-05-2024



Message

St. John's College of Pharmaceutical Sciences and Research (SJCPSK), Kattappana has established their reputation as a unique institution in Idukki with focus on quality of education as well as mentoring professionals.

The field of Pharma Sciences bear extreme importance in the current global scenario especially as the quality of life improves and demand from the society for flawless health services increases. Although a double edged sword, by assuring quality and uncompromising hardwork and ethics, the sky may not suffice as the limit for the opportunities. The present day news and the future prospects highlighted in media stands testimony to my views." " I'm sure (SJCPSK) will rise upto the demands and deliver to the betterment of the society. Also the kind heart of Idukki will be displayed.

It gives me immense joy that the students and faculty despite their busy academic schedule are coming out with a magazine titled Ligera 2024.

Wishing all the very best for the future endeavours

Roshy Augustine

ഓഫീസ് : റൂം നമ്പർ 129, ഒന്നാം നില, നോർത്ത് ബ്ലോക്ക്
ഗവൺമെന്റ് സെക്രട്ടേറിയറ്റ്, തിരുവനന്തപുരം-695 001
ഫോൺ - ഓഫീസ് : 0471-2333487, 0471-2337855 ഫാക്സ് : 0471-2333460
വസതി : 0471-2313347, 0471-2312329 മൊബൈൽ : 9447021314, 9400099333



St. Johns college of pharmaceutical science and research, kattappana publish ചെയ്യുന്ന ligera 2024 നും കോളേജ് ഡേയ്ക്കും എന്റെ എല്ലാവിധ ആശംസകൾ

ANSON PAUL
(CINEMA ARTIST)



"Wishing all the students, faculty, and staff a fantastic LIGERA 2024 college day celebration filled with joy, laughter, and unforgettable memories!"

AJMAL AMEER
(CINEMA ARTIST)

HEARTY WELCOME



Principal

Dr. Rajapandi Raju



vice principal

Prof. Sreekanth MC

Hearty Welcome to our new ***Principal Dr. Rajapandi Raju*** *and our* ***vice principal Prof. Sreekanth MC.***

We the students, Faculty and management of

St. Johns college of pharmaceutical science and research

welcome you to our family and we hope to achieve great heights under your guidance

UNION 2024



UNION MEMBERS



GLADIS K JOSEPH
CHAIRPERSON



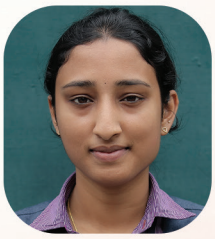
FEBIN SAJU
VICE CHAIRPERSON



AGNS MARIYA SIJU
VICE CHAIRPERSON(F)



ANEETA AJ
GENERAL SECRETARY



AGNEL REJI
JOINT SECRETARY



SYAMJI P
UNIVERSITY UNION COUNCILLOR



SACHIN DHARMA
ATRS SECRETARY



RITWIK ANIL
SPORTS SECRETARY



NAKSHATHRA SREEKUMAR
MAGAZINE EDITOR



GREESHMA PUSHKARAN
SECRETARY OF ALL OTHER ORGANISATIONS

CLASS REPESENTATIVES



ALAN KJ

2ND SEM



MANUELA GRACE ANTONY

2ND SEM



BISO BINU

3RD SEM



STEFY R

3RD SEM



RITHWIK ANIL V

5TH SEM



RIYA JOSE

5TH SEM



ALBIN SIBY

7TH SEM



ARUNIMA MOHANAN

7TH SEM



FAZIL J

8TH SEM



ANUJA A.S

8TH SEM

ACHIEVEMENTS



KALAPRATHIBHA

FEBIN SAJU (7TH SEM)



KALATHILAKAM

ANU MARIYA (7TH SEM)

1 രൂപയ്ക്ക് IELTS പഠിക്കാം



JUNIOR IELTS

5 ആം ക്ലാസ് മുതൽ ആർക്കും പഠിക്കാം

SPOKEN ENGLISH

അവധിക്കാല സ്പെഷ്യൽ ഓൺലൈൻ ഓഫ്‌ലൈൻ സ്പോക്കൺ ഇംഗ്ലീഷ് ക്ലാസ്സ്

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EDITORIAL BOARD



Chief editor : Dr. C. D Shaji Selvin

Staff editor : Rana vahid , R Santhan Nehru Narkilli

Student editor : Nakshatra Sreekumar,Stefin Jose,Amina Ibrahim, Arifa K.S, Ansila K.S,Sandra Sabu,Sharon Benny, Albin Siby, Gopinath S, Sangeetha S, Adwaith Reji, prajwel Tom

MEDIA COMMITTE



Stefin Jose



Alan Lalu



Albin siby



Mervin Sunny



Ben



Derin

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WITH TRUST....



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WITH PURITY

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DIONE
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ഡിസ്ക്കൗണ്ട്

വിവാഹ പാർട്ടികൾക്ക്
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CLASS TOPPERS

8TH SEM



SANDRA SABU



MARY SUNNY



DONAL P MATHEW

7TH SEM



EMIL CLAIR TOM



ARCHANA REJI



ARUNIMA MOHANAN



GOKUL C

5TH SEM



ANSEELINA P



ARYA A. S

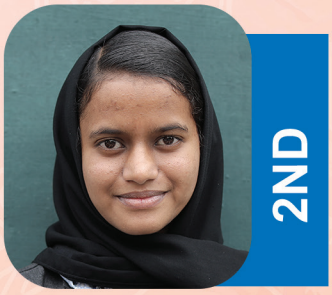


NAJIYA BINDH



MANYA SASI

3RD SEM



SHAHEEDA SULTHAN



DEVIKA REJI



NANDHAN S

Milestone

St. John's College of Pharmaceutical Sciences and Research

St. John's hospital situated in the high range centre, Kattappana was founded in the year 1968 by Rev. Bro. Forthunathus Thanhauser. The institution managed by the hospitaller brothers of St. John of god today has grown to tertiary level 300 bedded multi speciality hospital, with sixteen dinical disciplines. Being the only tertiary level referral centre in this area our institution is empowered with a team of talented specialists in all sectors dedicated in providing quality and speciality health care

OUR MISSION

Springing from the Christian values and holistic approach advocated and practiced by its founder, the Hospitaller brothers of St. Johns of god is dedicated to the provision of social, Educational, Welfare and healthcare services.

It has a mission to ensure that people availing of its services receive the highest quality care, education, training, treatment or assistance in accordance with their needs.

OLD AGE HOME

"Pratheeksha bhavan" was open on May 1976 for the patients and destitute being poor, without relatives or neglected by their relatives. Mainly they are TB patients, diabetes, asthma, elephantiasis, multiple sclerosis etc. Now around 250 male and female inmates are accommodated

ST. JOHN'S SCHOOL OF NURSING

St Johns school of nursing was started in 1982, now we are in 40th year of service in nursing education Around 900 trained nurses have passed out and they are in the health care field in various countries

ST. JOHN'S COLLEGE OF NURSING

St. Johns College of nursing was started in 2003, now we are in 20 year of services.

ST. JOHN'S COLLEGE OF PARAMEDICAL SCIENCE

It's a pararnedical college which conducts 2 years diploma in medical laboratory sciences approved by the directorate of medical education, Govt. of Kerala, this was started in the year 2015.

ST. JOHN'S COLLEGE OF PHARMACEUTICAL SCIENCE AND RESEARCH

St. Johns College of pharmaceutical science and research was started in the year 2016. The college is

affiliated to Kerala University of Health Sciences and approved by AICTE, PCI and government of Kerala

Mission and vision of our institution

To provide exemplary education, training, research, and professional development in pharmaceutical area,

to advance discovery, innovation and patient care, and to provide service to the society

ii. Objectives of our institution

To impart quality education to students to meet the pharmaceutical needs of society

b. Maximize a campus culture in which all students can achieve their potential based on morals and principles

Ensure optimum use of well equipped classrooms, library, laboratories, and IT facilities to impart personalized

self training and problem solving instruction delivery